



Health Team Opinions Regarding Nursing Profession in Al-Hilla City Teaching Hospitals

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Abstract

Background: Nurses play a vital role in the healthcare system, particularly in teaching hospitals. Their responsibilities extend beyond direct patient care to include teaching, community health initiatives, and participation in research. Nurses collaborate with physicians and other healthcare professionals to provide comprehensive care. Clinically, they are involved in assessing patients, making diagnoses, implementing interventions, and evaluating outcomes. Additionally, they support patients and their families through education and emotional support.

Objectives: This study aimed to identify the sociodemographic characteristics of healthcare professionals and explore their opinions regarding the role of nurses in Al-Hilla City Teaching Hospitals. And relationship between healthcare professionals' opinions and their educational level and experience.

Methodology: A descriptive study design was used to achieve the study objectives. The sample included 100 nurses, 50 doctors, and 50 pharmaceuticals who met the inclusion criteria.

Results: Most participants were aged 31–35 years (59% female), held a diploma (58.5%), had more than six years of experience (63%), and lived in urban areas (71.5%). About 85% agreed that nurses face job-related risks. Statistical analysis revealed a strong positive correlation ($R = 0.898822$) between healthcare professionals' opinions and their level of education and experience ($\text{Sig.} = .000$).

Conclusion: The majority of healthcare professionals believe that improving working conditions is essential for enhancing nurse performance, reducing stress, and ultimately improving patient care outcomes.

Keyword: Nursing profession, Health team, Nursing, Opinion.

Introduction

Nurses show a vital role in the healthcare system. In teaching hospitals, their responsibilities cover direct patient care, in addition to teaching, community health obligation, and consideration and research, Nurses work cooperatively with physicians, and other health care people to provide complete care to patients. Their clinical role involves assessment, diagnosis, intervention, and evaluation of patient outcomes, while their helpful role includes elevation, teaching, and responsive provision for patients and their families (Kilpatrick et al., 2024).

The opinion of nurses by other healthcare professionals is important in building a helpful, admiring, and active working situation. Understanding these assessments is vital for successful teamwork, decreasing work stress, and effective patient care. (Bahlman et al., 2023).

Nurses had modern caregiving parts which may change to more progressive clinical and monitoring and supervision situations. The healthcare establishments improvement, nursing practice became inclusive to cover specific areas, such as nurse practitioners, clinical nurse consultants, and anesthesiologists nurse. Health team relationship is vital for providing distinction healthcare. Nurses often cooperate with physicians, and other members of the healthcare team to confirm complete patient care. Therefore, actual teamwork may be principals to more comprehensive care, and improved clinical significances. Many Studies declared that when nurses are actively involved in management processes, they can add their responsiveness, patient care is enhanced (Glickman & Lee 2021), (Alexander et al., 2024).

Hospital situation has an understanding effect on nursing training. A helpful work condition that values teamwork, skilled progress, and respect can increase nurse satisfaction and development patient care. however, a unsafe work situations, may lead to meet, lack of care, and reduced declaration, which lead to fatigue and reduced work outcome (Robinson and Martin, 2021)

The relationship between nurses and other healthcare professionals has not been studied carefully, which caused a gap in considerate the compliant purposes and responsibilities nurses face. This research will add valuable visions to the field of healthcare by assessing the opinions of various team participant (Gray-Miceli, 2021).

Method:

2.1 Study Design and Data Collecting

A cross sectional study design was conducted over one year starting in June 2025 at the main three Teaching Hospitals in Hillah City (Marjan, Imam Al- Sadiq and AL-Hillah Teaching Hospitals) Questionnaire and interview technique was used for collecting data individually, questionnaire format gave for each health team member included in the sample it was filled it at the hospital. Data was collected through the use of 3 a Likert scale survey to assess the level of agree, uncertain, and disagree on 100 nurses, 50 doctor.

2.2 Validity and Reliability

A large body of relevant literature was extensively reviewed to identify a valid and suitable data collection tool for the current study. This resulted in the adoption and modification of a data collection instrument by the researcher. The instrument consisted of 24 questions addressing the opinion of health care team toward the nursing job. It was then presented to a panel of fifteen experts with academic degrees from various disciplines (medicine, nursing, and pharmacy). that approve the valid of questionnaire. Instrument Internal consistency was assessed using Cronbach's Alpha. Overall reliability for all items was excellent ($\alpha = 0.865$). Groups-specific reliability was: For nurses $\alpha = 0.874$, Physician $\alpha = 0.867$, Pharmacist $\alpha = 0.856$. Note that the same questions were used for all participants from the three groups to avoid bias.

2.3 Statistical analysis

Data organization and cleaning were conducted using Microsoft Excel 2021. Descriptive statistical analysis was then performed using IBM SPSS Statistics, Version 26. Frequencies and proportions

were calculated to analyze the distribution of participants by their answer's questions (Disagree, Uncertain, Agree). Statistical analysis of variance (ANOVA) was also used to find differences between some variables.

Results

Table 1: Demographic characteristics

This table showed that the majority of sample ages were from 31 to 35; 59% of them were female, more than half of them had a diploma (58.5%), and, in addition, 63% of them had more than 6 years' experience, and lived in urban area (71.5%).

Table 2: Health team (nurses) views on the nursing profession

Table 2 revealed that most of the nurses disagreed that Nursing is an independent profession. Nurses job is respectable and other health care provider can also do nurse's tasks, role of the nurse is interdependently that about half of the items had low mean, In addition, this table showed that some items with high mean with high percentages agreed such as Nurses can improve their profession, Nurses can be researchers, Nursing job is a trustable, Some nursing procedures are unique, Nurses can be exposed to risks at their job ,while 85% of them agreed that I think that this profession push nurses to be often tense and nervous with low mean.

Table 3: Health team (pharmaceuticals) views on the nursing profession

Table 3 indicated that about have of pharmaceuticals disagree for some of the followings items such as, Nurses are vital part in the health team, Nurses can have their own decisions, nurses can have their own decisions, Nurses can be researchers, Nursing is a female job, Nursing is a female job, Nursing job is a trustable with low mean score, while more than half of pharmaceuticals agreed with most of following items such as Nurses deal directly with patient's needs, Role of the nurse is interdependently, Nurses can improve their profession, This profession may be push nurses to be often tense and nervous, Nurses job is respectable, Nurses often suffering from hard times, Some nursing procedures are unique, with high mean.

Table 4: Health team (doctors) views on the nursing profession

Table 4 showed that most doctors agreed with high percentages and high means for the items, such as nurses have an essential part in the health team worker, nurses deal directly with patients' needs, nurses can develop their job, and I think that this profession pushes nurses to be often tense and nervous. The role of the nurse is dependent. Nurses are physicians' subordinates or assistants; however, most doctors disagreed with other items, such as other health team workers can also do nurses' jobs; nurses can have their own strategies. Do you admire nursing and like to be a nurse? with a low mean. In addition, most of the doctors agreed with high percentages for last the six items in this table.

Table 5 The relationship between about Health team items opinions and Years of experience

The results of the analysis, indicated that a statistically significant relationship between the health team items and years of experience, due to the small probability value (Sig. = .000). This means that there is an effect of the health team items and years of experience

Table 6 The relationship between the health items and educational level

R value (0.898822) indicates that there is a strong positive relationship between the independent factors and the dependent variable, which means that there is a strong and positively directed relationship between the opinions of the health team and the level of education.

Discussion

The research aims to explore the views of doctors, nurses, pharmaceuticals concentrating on various parts such as the acknowledgement of nursing roles, and the tasks encountered by nurses.

A significant element of the nursing profession's image is the people's opinion of the nurses. These opinions have the influence to interrupt the workers of health team, the health technique, the nurses' action, and even the selection to become a nurse The more positive the image of nursing is the

enhanced opportunities that students will choose nursing as their future work. The literature has shown that professional image also disrupts nurses work appreciation in addition, nurses are often viewed as empathetic, committed, and vital healthcare professionals. They play a critical role in patient care, providing not only medical assistance but also emotional support to patients and their families (Baek et al., 2023), (Harvey & sands, 2020).

Various studies declared that public image of nurses is often unlike nurses' image regarding nursing professional, in addition a bad public image of nursing may influence the nursing acceptance moreover, it affects nurse's approaches towards work. The study result showed that nurses and pharmaceuticals had strong agreement regarding the essential influences of nurses to patient care. They help patients in their hard time and exposed to dealings with them and are prepared to support them throughout their treatment period (Aydogdu, 2024).

Furthermore, nurses work is related to the problems which can be solved with specific knowledge and skills related to the nursing profession. In the present study the results 40% of doctors and 50 % of pharmaceuticals know that the nurses had independent role such as guiding without doctors, in addition nurses are thought to achieve their independent roles such as trainer, consultant, researcher and advocate leading to other health team not being aware of these roles (Adesina et al., 2025).

The majority of doctor and pharmaceuticals disagree "I would like to be a nurse "this is may be due to their refusal that from the opinion of nursing as an occupation but not profession in addition, 25% doctors and 35% disagree with this item this could be that those people think that nursing is a hard job and their income was low in relation to doctors and pharmaceuticals job. This is supported by Spanos et al (2024).

Furthermore, the results highlight that nurse are viewed as vital members of the healthcare team, about half of the participant declared that they cooperate effectively with doctors in patient care. This supports previous research by Clarke et al. (2020), who found that cooperation improves patient situation and helps a complete care.

However, in spite of the nurses' influences to patient care, doctors were less likely to agree that nurses are involved in decision-making processes about half of pharmaceuticals and doctors reported that nurses are not involved in clinical decision- making. This result is similar with studies Miller and dean 2021, which highlighted that decision-making in patient care should be a cooperative method, and nurses playing a vital role., where doctors are often seen as the primary decision-makers. The present study finding indicated that doctors and nurses had differing views on the extent of nurses' involvement in clinical decision-making, with doctors being less likely to agree that nurses give a decision-making in patient care. This finding suggested that there may be a lack of cooperation in certain areas.

According to Spence et al. (2020), healthcare team who feel appreciated and familiar for their work are more likely to stay in their places and remain involved in their roles. Approximately 50% of respondents felt that nurses do not receive equal recognition in patient care decisions, indicating a need for greater injustice in the healthcare situation. This supports the findings of a study by Edmonds et al. (2020), which suggested that relationships within healthcare teams related to the unsatisfactory recognition of nurses' roles. Moreover, most of the samples agreed that Nurses are physician's assistant this result can be explained that nursing job is addition of doctor's roles and can't be separated. Actually, nurses need law that can support them, actually various nursing laws in different countries explained the job description of nurses and the independent training and practice of nursing became more evident. However, most of health team thought that the nursing profession didn't bring a lot of concerned and admiration to its member in Iraq.

The results from the study revealed that healthcare team in Al-Hilla Teaching Hospitals identify the essential role for nurses who played important part in providing patient care. about 50% of the them agreed that nurses provide and improving patient outcomes. This finding is in consisted with studies by Taylor and Lee. (2020), who discussed the importance of nurses in confirming the provision of safe and active patient care.

In excessive workload Nurses often suffering from hard times were identified as the most persistent tasks by healthcare team, the majority of the sample agreed these factors lead to increase the stress and tension level (Gillespie et al., 2020).

The finding of this study indicated that there is a strong positive relationship between opinions of the health team and years of experience. In addition the result showed that there is a strong positive relationship between the independent factors and the dependent variable, which means that there is a strong and positively directed relationship between the opinions of the health team and the level of education this is supported by another studies Baily and Thomson (2021).

Conclusion

The following conclusions can be drawn from the results:

1. An 80% of nurses, 60% of pharmaceuticals, and 80% of doctors agreed that nurses are essential members of the healthcare team.
2. 85% of nurses, 40% of pharmaceuticals, and 10% of doctors disagreed that nursing is an independent profession.
3. Female participants and those aged 31–35 years (the majority group) reported greater awareness of stress-related issues among nurses.
4. Over 63% of participants with more than 6 years of experience believed that long working hours and emotional demands significantly impact nurse performance.

Recommendations

1. Improve Working Conditions and Enhance Nurses: Reduce long working hours, ensure safe staffing ratios, and provide mental health support to decrease stress and burnout among nurses.
2. Provide Continuous Education and Training: regular workshops, conferences, and certification programs to help nurses develop skills, stay updated with new practices, and advance their careers.
3. Encourage health team cooperation between nurses, doctors, and pharmaceuticals through joint training and communication strategies to enhance cooperation and patient care quality.

Author Contributions

¹Fakhria Fakhria Jaber Muhaibes: Determine problem, Conceptualization, wrote introduction, project administration, supervision. ²Kareem Jebur Dhaidan: wrote the original draft of the manuscript, data visualization, wrote Discussion, wrote references and Validation. ³Doaa Mohammad Majed: Data Collection, wrote Methodology and statistical analysis.

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Conflicts of Interest

- The authors hereby explicitly declare that there are no conflicts of interest, financial or otherwise, related to the design, conduct, analysis, or publication of this study.

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Table 1: Demographic characteristics

Variable	Items	Frequency	Percent %	Mean± <i>sd. deviation</i>
Age	25-30	76	38	1.6200±. 48660
	31-35	124	62	
Gender	Male	82	41	1. 5900±. 49307
	Female	118	59	
Health Team Prescription	Nurse	100	50	1.7600±. 80974
	Pharmacist	50	25	
	Doctor	50	25	
Educational level	Diploma MSc	117	58.5	1.5250±. 68683
	BSc	61	30.5	
		22	11.0	
Marital status	Single	30	15	2.0100 ±. 55808
	Married	138	69	
	Divorced	32	16	
Years of experience	1-5	74	37	1.6300± .48402
	6 and more	126	63	
Address	Urban	143	71.5	1.2850±.45255
	Rural	57	28.5	
Relatives working in nursing field	Present	69	34.5	1.6550±.47656
	Absent	131	65.5	

Table 2: Health team (nurses) views on the nursing profession

Variable /Nurse (100)	Items	Frequency y	Percent %	M. O. Score
Nurses have an essential part in the health team worker	Disagree	10	10	2.0000 .63564
	Uncertain	10	10	
	Agree	80	80	
They deal directly with patient's requirements	Disagree	10	10	2.9500.2190 4
	Uncertain	10	10	
	Agree	80	80	
Nursing is a self-regulating job	Disagree	85	85	1.2700 .66447
	Uncertain	10	10	
	Agree	5	5	
Nursing is an art and science	Disagree	3	3	2.8800 .40899
	Uncertain	6	6	
	Agree	91	91	
They can develop their job	Disagree	6	6	

	Uncertain	4	4	2.8500
	Agree	90	90	.47937
this profession may often lead nurses to be stressed and worried	Disagree	10	10	1.2700 .66447
	Uncertain	10	10	
	Agree	80	80	
Other health team worker can also do nurse's jobs	Disagree	79	79	1.2700 .66447
	Uncertain	9	3	
	Agree	12	12	
Nurses profession is unique	Disagree	10	10	2.0000 .63564
	Uncertain	5	5	
	Agree	85	85	
Role of the nurse is independent	Disagree	83	83	1.2700 .66425
	Uncertain	5	5	
	Agree	12	12	
They may have their own strategies	Disagree	5	5	1.2600 .6632
	Uncertain	9	9	
	Agree	86	86	
They have their own judgements	Disagree	5	5	1.2500 .6632
	Uncertain	10	10	
	Agree	85	85	
They are physician's subordinate	Disagree	12	12	2.9000
	Uncertain	3	3	.30151
	Agree	85	85	
Do you admire nursing and like to be a nurse?	Disagree	20	20	2.0000 .63564
	Uncertain	60	60	
	Agree	20	20	
The majorities of them are often educated	Disagree	15	5	1.2400 .6632
	Uncertain	10	10	
	Agree	75	75	
They may be apprehended in establishing health policy	Disagree	20	20	2.0000 .63564
	Uncertain	60	60	
	Agree	20	20	
They may be scientists and researchers	Disagree	6	6	2.7400 .56174
	Uncertain	14	14	
	Agree	80	80	
Nursing is rank as the <i>most trusted</i> profession	Disagree	0	0	2.9000 .30151
	Uncertain	10	10	
	Agree	90	90	
Different level of nurses may have image of the occupation	Disagree	0	0	2.9500 .21904
	Uncertain	5	5	
	Agree	95	95	

Their occupation is suitable	Disagree	86	86	1.2700 .66447
	Uncertain	9	9	
	Agree	5	5	
Nursing is a female job	Disagree	30	30	2.2000 .87617
	Uncertain	20	20	
	Agree	50	50	
They may distress from difficult times	Disagree	5	5	1.2700 .6632
	Uncertain	10	5	
	Agree	85	850	
Nursing job is the very top for honesty, ethics, and public trust.	Disagree	5	5	2.8500 .47937
	Uncertain	5	5	
	Agree	90	90	
Some nursing procedures are unique	Disagree	0	0	2.8200 .38612
	Uncertain	18	18	
	Agree	82	82	
They may be exposed to hazards at their work	Disagree	7	7	2.8000 .51247
	Uncertain	8	8	
	Agree	85	85	

Table 3: Health team (pharmaceuticals) views on the nursing profession

Variable /Pharmaceuticals (50)	Items	Frequency y	Percent %	M. O. Score
Nurses have an essential part in the health team worker	Disagree	5	10	1.3000 .46291
	Uncertain	15	30	
	Agree	30	60	
They deal directly with patient's requirements	Disagree	4	8	2.7200 .60744
	Uncertain	6	12	
	Agree	40	80	
Nursing is an self-regulating job	Disagree	20	40	2.0000 .90351
	Uncertain	10	20	
	Agree	20	40	
Nursing is an art and science	Disagree	7	3.5	2.4000 .69985
	Uncertain	18	9	
	Agree	25	12.5	
They can develop their job	Disagree	5	10	3.0000 .00000
	Uncertain	5	10	
	Agree	40	80	
This profession may often lead nurses to be stressed and worried	Disagree	5	10	1.2700 .6632
	Uncertain	10	20	
	Agree	35	70	
	Disagree	25	50	

Other health team worker can also do nurse's jobs	Uncertain	21	42	1.2600
	Agree	4	8	.74942
Nurses profession is unique	Disagree	5	10	2.2000 .60609
	Uncertain	30	60	
	Agree	15	30	
Role of the nurse is independent	Disagree	25	50	1.5100.6017 5
	Uncertain	21	42	
	Agree	4	8	
They may have their own strategies	Disagree	0	0	3.0000 .00000
They have their own judgements	Uncertain	0	0	1.5800.6417 5
	Agree	50	100	
They are physician's subordinate	Disagree	0	0	2.9000 .30305
	Uncertain	0	0	
	Agree	50	100	
Do you admire nursing and like to be a nurse?	Disagree	35	70	1.8000 .75593
	Uncertain	5	10	
	Agree	10	20	
The majorities of them are often educated	Disagree	15	30	2.1000 .83910
	Uncertain	15	30	
	Agree	20	40	
They may be apprehended in establishing health policy	Disagree	15	30	1.8400 .65027
	Uncertain	28	56	
	Agree	7	14	
They may be scientists and researchers	Disagree	25	50	1.5800 .64175
	Uncertain	20	40	
	Agree	5	10	
Nursing is rank as the <i>most trusted profession</i>	Disagree	28	56	2.6400 .46647
	Uncertain	15	30	
	Agree	7	14	
Different level of nurses may have image of the occupation	Disagree	20	40	1.570.64175
	Uncertain	20	40	
	Agree	10	20	
Their occupation is suitable	Disagree	0	0	3.0000 .00000
	Uncertain	0	0	
	Agree	50	100	
Nursing is a female job	Disagree	5	10	2.5000
	Uncertain	15	30	.67763

	Agree	30	60	
They may distress from difficult times	Disagree	18	36	1.4800.6117
	Uncertain	10	20	
	Agree	32	64	
Nursing job is the very top for honesty, ethics, and public trust.	Disagree	25	50	1.5800.64175
	Uncertain	21	42	
	Agree	4	8	
Some nursing procedures are unique	Disagree	0	0	2.8000 .40406
	Uncertain	10	20	
	Agree	40	80	
They may be exposed to hazards at their work				3.0000 .00000
	Disagree	0	0	
	Uncertain	0	0	
	Agree	50	100	

Table 4: Health team (doctors) views on the nursing profession

Variable /Doctors (50)	Items	Frequency	Percent%	Mean
Nurses have an essential part in the health team worker	Disagree	0	0	2.6000 .67006
	Uncertain	10	20	
	Agree	40	80	
They deal directly with patient's requirements	Disagree	4	8	2.8000 .40406
	Uncertain	5	10	
	Agree	41	82	
Nursing is a self-regulating job	Disagree	5	10	2.5000 .67763
	Uncertain	15	30	
	Agree	30	60	
Nursing is an art and science	Disagree	10	20	1.9600 .83201
	Uncertain	15	30	
	Agree	25	50	
They can develop their job	Disagree	0	0	3.0000 .00000
	Uncertain	0	0	
	Agree	50	100	
this profession may often lead nurses to be stressed and worried	Disagree	0	0	3.0000 .00000
	Uncertain	0	0	
	Agree	50	100	
Other health team worker can also do nurse's jobs	Disagree	40	80	1.3200 .71257
	Uncertain	2	4	
	Agree	8	16	
Nurses profession is unique	Disagree	5	10	2.2000 .60609

	Uncertain	30	60	
	Agree	15	30	
Role of the nurse is independent	Disagree	2	4	2.8000 .40406
	Uncertain	8	16	
	Agree	40	80	
They may have their own strategies	Disagree	0	0	3.0000 .00000
	Uncertain	0	0	
	Agree	50	100	
They have their own judgements	Disagree	25	50	1.6000 .67006
	Uncertain	20	40	
	Agree	5	10	
They are physician's subordinate	Disagree	0	0	3.0000 .00000
	Uncertain	0	0	
	Agree	50	100	
Do you admire nursing and like to be a nurse?	Disagree	25	50	1.6000 .67006
	Uncertain	20	40	
	Agree	5	10	
The majorities of them are often educated	Disagree	10	20	2.4000 .67006
	Uncertain	20	40	
	Agree	20	40	
They may be apprehended in establishing health policy	Disagree	15	30	2.1000 .70711
	Uncertain	28	56	
	Agree	7	14	
They may be scientists and researchers	Disagree	10	20	1.8400 .65027
	Uncertain	25	50	
	Agree	15	30	
Nursing is rank as the <i>most trusted profession</i>	Disagree	15	30	2.1000 .83910
	Uncertain	15	30	
	Agree	20	40	
Different level of nurses may have image of the occupation	Disagree	8	16	2.5400 .76158
	Uncertain	7	14	
	Agree	35	70	
Their occupation is suitable	Disagree	0	0	3.0000 .00000
	Uncertain	0	0	
	Agree	50	100	
Nursing is a female job	Disagree	4	8	2.5200 .64650
	Uncertain	16	32	
	Agree	30	60	
They may distress from difficult times	Disagree	0	0	3.0000 .00000
	Uncertain	0	0	
	Agree	50	100	
Nursing job is the very top for honesty, ethics, and public trust.	Disagree	3	6	2.6400 .59796
	Uncertain	12	24	
	Agree	35	70	
Some nursing procedures are unique	Disagree	0	0	2.8000 .40406
	Uncertain	10	20	

They may be exposed to hazards at their work	Agree	40	80	3.0000 .00000
	Disagree	0	0	
	Uncertain	0	0	
	Agree	50	100	

Table 5 The relationship between about Health team items opinions and Years of experience

ANOVA						
Model		Sum of Squares	R	Mean Square	DF	Sig.
1	Regression	29.660	0.797624	1.561	16.568	.000 ^b
	Residual	16.960		.094		
	Total	46.620				
a. Dependent Variable: Years of experience						

Table 6 The relationship between the health items and educational level

ANOVA^a						
Model		Sum of Squares	R	Mean Square	DF	Sig.
1	Regression	75.840	0.898822	3.992	39.838	.003 ^b
	Residual	18.035		.100		
	Total	93.875				